

Bedford South School: January Family Newsletter

A Message from Ms. Foster

Welcome Back, Bedford South Families!

Happy New Year! I hope your winter break was filled with rest, joy, and quality time with loved ones. It is wonderful to see our hallways filled with energy and smiles once again as we begin 2026 together.

I want to extend a very special, warm welcome to the **new families** who have joined our Bedford South community this month. We are so happy you are here! Our school is a place where every student belongs, and we look forward to getting to know you as you settle into your new routines.

As we head into the heart of winter, we remain committed to providing a kind, supportive, and safe environment for all our learners. Let's make this January a month of growth and connection!

Warmly,

Ms. Foster Principal, Bedford South School

Reflecting on December

Season's Greetings to All A heartfelt Happy Hanukkah, Merry Christmas, and Kwanzaa to all our families. We hope you enjoyed the holiday season and created lasting memories with your loved ones.

Spirit Week Fun December was filled with energy and enthusiasm during Spirit Week! Thank you to everyone who participated in the themed days. It was so much fun to see our students and staff getting into the holiday spirit!

Parent-Teacher Interviews A big thank you to all the parents who participated in our Parent-Teacher Interviews. Teachers always appreciate the opportunity to connect with families and work together to support our students' growth and development.

Looking Ahead to 2026 As we begin the new year, we are excited for the many opportunities ahead. We look forward to seeing and working with all of you as we continue our journey together in 2026. Here's to an exciting and successful year ahead!

HSA News & Updates

HSA Thank You!! A huge shout out to our wonderful HSA members for their support and for organizing the Craft Afternoon. It was lovely to see families creating crafts together. We have a wonderful community!

Spring Fair-The HAS is looking for volunteers and for a few people to take the lead on organizing the Spring Fair. Please reach out to bsshsa@hotmail.com if you are interested or have suggestions, questions, ideas.

First Meeting of 2026 Hello BSS Community! Please join us for our first HSA meeting of the year on **January 13, 2026**. Your participation is vital to our school's success!

- **Join via Zoom:** [Click here to join the meeting](#)

Important Dates to Remember

- **January 1:** New Year's Day (No School)
- **January 5:** First Day of School for 2026
- **January 13:** HSA Meeting (Online)
- **January 16:** Popcorn Day
- **January 27:** International Holocaust Remembrance Day
- **January 27:** Family Literacy Day 

Healthy Habits: Head Lice Checks

With everyone back together in the classroom and sharing cozy winter gear like hats and scarves, January is a great time to start a **daily head lice check** routine at home.

Why check daily? Head lice are a common part of school life. Checking daily helps catch them early, preventing them from spreading. Early detection makes treatment much faster and easier!

How to check:

1. **Bright Light:** Use a strong lamp or natural sunlight.
2. **Part the Hair:** Look closely at the scalp, especially behind the ears and at the nape of the neck.
3. **Search for "Nits":** Look for tiny, pearl-grey glue-like eggs attached to the hair shaft.
4. **Communicate:** If you find lice, please treat the hair and notify the school office.

Weather & Power: Staying Prepared

Planning for Inclement Weather HRCE aims to communicate any changes to school operations as close to **6:00 a.m.** as possible. Announcements may include two-hour delays, bus cancellations, or full school closures.

Power Outage Information A power outage does **not** automatically mean classes are cancelled. Decisions depend on restoration times. If we must close early, families will receive an email, text, and a **phone call** before dismissal.

Health & Digital Safety

Influenza Vaccine The Department of Health and Wellness recommends the flu vaccine yearly for children **6 months and older**. Children under 6 are at the highest risk for serious complications. [Learn more here.](#)

Online Risks (Unplugged Canada) Many digital platforms are designed to keep kids scrolling. Unplugged Canada is a parent-led movement advocating for delaying smartphones and social media until kids are developmentally ready. [Take the pledge here.](#)
